

# Adult Tennis

## **Cardio Tennis – Tuesdays and Thursdays, 8:00 AM – 9:00 AM**

The tennis craze that has swept the nation and is currently the most popular program in the United States!

Activities are designed not to enhance skill production as much as to give a high energy workout in a fun

environment! The fitness activity includes a warm-up, cardio workout, games, and cool down segments. All levels welcome!

Session Fee: \$160

Summer Pass: \$300

## **Adult Women – Tuesdays, 6:00 – 7:30 pm**

An evening of instruction for the ladies. Come work on technique, stroke production, and strategy.

Session Fee: \$120

Summer Pass: \$225

## **Adult Men – Thursdays, 6:00 – 7:30 pm**

This night of instruction is for the men. Come work on technique, stroke production, and strategy.

Session Fee: \$120

Summer Pass: \$225

## **Men's Singles League – Wednesday Evenings**

A match against a different opponent every week throughout the summer. New balls will be provided for each match. Test your skills to become the Millwood Champion!

Summer Pass: \$140

## **Adult Social – May 19, June 16, and July 14, 7:15 – 8:45 PM**

Activities include drills, games, and match play followed by Martinis, Margaritas, Wine, Music, and Fun!

Fee: FREE!

# Junior Tennis

## **Tiny Tots (Ages 5-10) – Tuesdays and Thursdays, 6:00 – 7:00 PM**

This class is specifically designed for younger players using smaller courts and racquets. The balls are also specially modified so that youngsters can enjoy the game the same way older players do! This is the best way to introduce children to the game and keep their interest, and Millwood is one of the few places to offer this program!

Session Fee: \$160 Summer Pass: \$300

## **Junior Tennis Academy Team (Ages 10-18) – Tuesdays and Thursdays, 4:30 – 6:00 PM**

The emphasis in our junior program is stroke production, strategy, movement, and specific foot patterns. Players are divided into groups based on skill so all levels of player are welcome. Come learn how to be competitive, have fun, and have success in match play! Players on our Junior Tennis Academy Team will compete against other teams throughout the summer

Session Fee: \$240 Summer Pass: \$450

## **Junior Singles League (Ages 13-18) – Monday Evenings**

Boys and girls compete against a different opponent weekly to become Millwood's junior champion! New balls will be provided for each match. Spots will be limited, first come, first serve!

Summer Pass: \$125

## **Girls High School Varsity Camp July 18 – 21, 8:30 AM – 11:00 AM**

For the serious high school player to tune up before the season begins! Advanced tennis production for those looking for the edge over their high school opponents! Spots will be limited, first come, first serve!

Fee: \$110

For More Information or to sign up for programs, please contact

Jarrod Smith, Millwood Head

Tennis Professional

417.459.0067

## Our Tennis Professionals

### Jarrood Smith - Director of Tennis and Fitness

Jarrood is back for his fifth summer at Millwood. Jarrood is the current Head Women's Coach at Drury University and has become one of the most successful NCAA coaches in his six year tenure. Since coming to Springfield, the Panthers have an overall record of 108-21 (.837 winning percentage). Smith has been the Great Lakes Valley Conference Coach of the Year three times and has coached four different Player of the Year recipients. He serves as the Intercollegiate Tennis Association Chair of the Midwest Region and sits on the NCAA National Committee. Before arriving at Drury, Smith spent the previous two seasons as the assistant for both the men's and women's programs at Northwest Missouri State University.

### Sean Kembell - Assistant Tennis Professional

Sean Kembell is a USPTR certified teaching professional. As a junior player, Kembell was a member of three Kansas high school state championship teams. He played four years of collegiate tennis at Missouri State University. Sean has taught tennis for 14 years, and is currently the boys' tennis coach at Branson High School, where he also teaches Spanish. Sean has an enthusiastic passion for tennis, and is extremely excited about sharing his love and knowledge of the sport with players of all ages!

### Program Dates

Session 1:  
May 30-June 26  
Session 2:  
June 27-July 24  
Session 3:  
July 25-August 19  
**Summer Pass:**  
Includes all three sessions!

### Private Lessons

#### Jarrood Smith

Private: \$60/Hour  
Semi-Private: \$35/Hour Each  
Group: \$25/Hour Each

#### Sean Kembell

Private: \$45/Hour  
Semi-Private: \$25/Hour Each  
Group: \$18.50/Hour Each

### Got Strings? Tennis Racquet Stringing!

Sean Kembell will offer a stringing service to members of the Millwood tennis community.  
(Prices vary depending on the string style)

# 2011 Tennis



## MILLWOOD GOLF AND RACQUET CLUB

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